

Modern society is geared around the car, and although some can manage without one, most people need one at least some of the time, but there are ways to reduce its impact

WAYS TO SAVE FUEL WHEN DRIVING

- Keep tyres pumped to the correct pressure
- Remove roof racks when not in use
- Drive at a steady speed – avoid rapid acceleration and braking
- Switch off the engine when the vehicle is stationary
- Open a window rather than use air-conditioning
- Avoid short journeys
- Service the vehicle regularly



HOW TO HAVE THE USE OF A CAR WITHOUT OWNING ONE

Half the carbon footprint of the average car is in its manufacture. If your mileage is less than 6000 miles/year it can actually be cheaper as well as more eco-friendly to hire, join a car club or use taxis.

EasyCar club <https://carclub.easycar.com>
E-carpool.eu (car sharing) www.e-carpool.eu
Carplus www.carplus.org.uk (interactive map with lists of car clubs – several in Southampton)
City Car Club www.CityCarClub.co.uk 0845 3301234

ALTERNATIVE FUELS

Electric cars currently produce about 50% less carbon dioxide in use than petrol or diesel cars – or none at all if they are charged using 100% renewable electricity.

Diesel cars are now known to cause significant air pollution. If you have one it is possible to convert it to run on waste vegetable oil. See www.vegoilcar.co.uk



LOCAL BUS COMPANIES

First Bus www.firstgroup.com/ukbus/hampshire 0879 010 6022
Blue star www.bluestarbus.co.uk 023 8023 1950
Unilink www.unilinkbus.co.uk 023 80595974
Wheelers www.wheelerstravel.co.uk 023 8047 1800
Xelabus www.xelabus.info 023 8064 4715

CYCLING

Why not get a bike? The society of St James run a bike recycling project in Millbrook
www.ss.org.uk/services/re-cycle-bikes/

See also **SUSTAINABILITY MAP** in centre pages for local bike shops

USEFUL CONTACTS

Sound cycling (cycle tuition)
www.soundcycling.co.uk 07952 314 768

Cycleright (cycle tuition)
www.123cycleright.co.uk 07845 306904

'Bike-2-Basics' (learn how to do safety checks and maintain your own bike)
Email: bike2basics@transitionsouthampton.org

RideRide Cycle Workshop (repairs and maintenance tuition) 24 Manor Farm Rd, Southampton SO18 1NP www.rideride.co.uk 023 8070 2232

My Journey (DoT-funded project to provide sustainable travel options in Hampshire)
www.myjourneysouthampton.com

Southampton City Council (bike doctor events and cycle tuition)
www.southampton.gov.uk/roads-parking/travel/cycling.aspx

Southampton Cycling Campaign (campaigns for better cycling facilities in Southampton) www.southamptoncyclingcampaign.org.uk

